



Rosemary Lane Nursery School

Welcome to Nursery!



A Guide for Parents

What Will My Child Need To Bring To Nursery?

- Please only send your child with a **named outdoor coat**, **named hat** and **lunch bag** (where applicable).
- Children should **not** bring comforters or any toys from home unless these are essential for settling. (Please speak to a member of staff)
- Please **do not send dummies** unless your child cannot manage without them. Please provide a named, sterilised container for storage of these.



Procedures For Drop Off And Pick Up

- To minimise social contact, we currently operate different drop off and pick up routines with staggered departure times for the older 3-4s.
- You will be provided with information on this in your admissions information
- The school office can be contacted by telephone if you have an enquiry. The number is 0191 527 1168.
- Parents should remember to keep their distance outside of nursery by queuing to the left side.
- A member of staff will greet your child on arrival at 3-4s and bring them to wash their hands. 2s will wash their hands outdoors, under the canopy.
- Please limit drop off and collection to one parent or carer per household.
- We politely request that you do not stay and talk to, or socialise with, other parents and do not congregate. We need to consider the safety of every member of our school community.
- Please be on time to support the smooth running of the school.
- Any child living with someone who is displaying coronavirus symptoms should not attend.



Our Nursery Day

- Children will wash their hands with soap on arrival and regularly throughout the session. We will help children to understand how to wash their hands thoroughly. Hand sanitiser will be available throughout the school environment.
- Please ensure your child thoroughly washes their hands when they return from nursery.
- We will continue to support all children with their developing understanding of using and disposing of tissues by ensuring a good supply of tissues and lidded bins throughout the school.
- An enhanced cleaning schedule has already been implemented; ensuring play equipment and surfaces touched by children and staff are cleaned regularly and throughout the day.
- Children will continue to have unlimited access to outdoors and indoors and a free choice of a range of regularly cleaned resources.
- Children will continue to meet and sit in their small groups for a story and snack. They will need time to develop their social skills and feel safe being near one another.
- Group time will focus upon children's wellbeing as these past weeks and months have been very challenging.



What Can I Do To Help My Child Get Ready?

Establish bedtime routines in the early evening – bath, book, bed.

Talk to your child about staying at nursery on their own.

Look at the picture on the nursery website and talk to your child about what they might enjoy doing at nursery.

Practice hand washing. Make it fun with songs or rhymes. Encourage your child to be independent in pushing their sleeves up and accessing the soap.

Support your child in being independent. For example in dressing themselves and putting on their coat, socks and shoes. Praise them when they try to do things by themselves.

Talk about fun things that your child has learnt at home and share this with nursery when they start.

Talk about your child's behaviour and emotions with nursery. Make sure the nursery staff know how to recognise if they're anxious or worried.

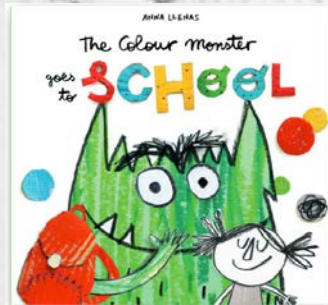
Top Tips for Parents and Carers

Back at Nursery

- ✓ Talk about what is important to you and your child when they begin nursery.
- ✓ Talk to nursery about your child's development and the things they have enjoyed the most at home. This will help to support with settling.
- ✓ Be positive but be honest; don't dismiss your child's emotional behaviour, they are showing you how they feel.
- ✓ Be aware of your own emotions and anxieties.
- ✓ Follow your child's lead during the transition and respond to their emotions as they happen.
- ✓ Talk to nursery about any concerns when they occur.
We can offer support and guidance from other professionals.

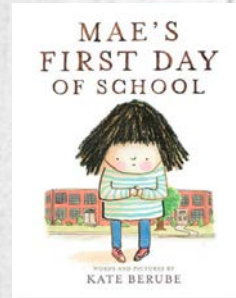


Useful Resources



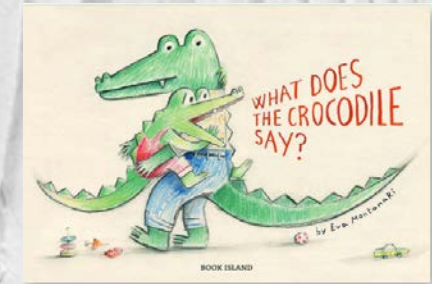
Author: Anna Ilenas

From music lessons, to lunchtime, to making new friends, the Colour Monster's first day of school is filled with exciting new adventures



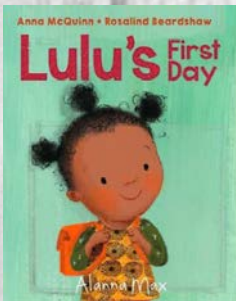
Author: Kate Berube

This picture book acknowledges the anxiety that children might have about starting school, but reassures them that they're not the only one with such worries.



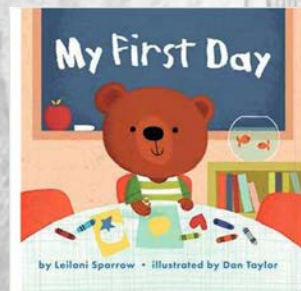
Author: Eva Montanari

The book shows how crocodile manages to express all the anxieties associated with separation and provide a happy reassurance that nursery is actually quite fun..



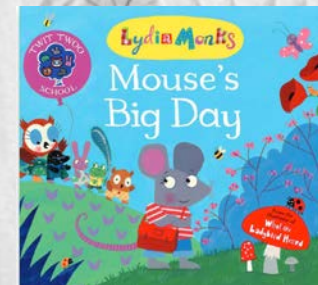
Author: Anna McQuinn

Starting nursery or school is the focus: the neutral use of "pre-school" means that it could apply to children starting school or nursery.



Author: Leilani Sparrow

This very simple text embraces the fun of a first day at school, reassuring little ones that there's plenty of happy times to be had.



Author: Lydia Monks

A gentle and sensitive book exploring fears that might surround starting school or nursery, Mouse's Big Day is a reassuring read for little ones