

# ROSEMARY LANE NURSERY SCHOOL



## INTIMATE CARE POLICY

No child is excluded from participating in our school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **Aims**

- To either begin or continue the child's toilet training in harmony with home procedures, to enable the child to become as independent as they can possibly be.
- To advise parents where necessary
- To enable the child to have privacy and respect whilst safeguarding ourselves
- To give the child a basic understanding of hygiene
- To maintain high standards of health and hygiene whilst protecting ourselves from infection.

The following are guidelines for changing children who are wet or soiled.

### **Procedures**

- We encourage young children from two years onwards to normally wear trainer pants, as soon as they are comfortable with this and if their parents agree.
- All staff share the responsibility of changing children
- All young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing areas are warm, with a safe area to lay children and no bright lights shining down in their eyes. There are objects of interest to take the child's attention.
- Children who wear nappies have their individual nursery bag to hand with their nappies or pull ups and changing wipes. We keep a few basic sets of clothes in Nursery (Boys and girl's pants, socks, trousers, t-shirts, jumpers...) as extras.

- Our staff put on gloves and aprons before changing starts and the areas are prepared and cleaned. Paper towel is put down on the changing mat freshly for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Where appropriate, children are encouraged to use the toilet and if they have had a toileting 'accident', to change themselves if possible.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. The nappy/pullups and wipes are bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home where appropriate.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies in the nursery this may constitute neglect and will be a disciplinary matter.

Reviewed: September 2025

Headteacher: Jill Jones

Signed: 

Chair of LTA Committee : Cllr Robert Adcock-Forster

Signed: R. Adcock-Forster

ROSEMARY LANE NURSERY SCHOOL  
INTIMATE CARE PLAN



Child's name:

DOB:

**Type and level of care required**

**Advisory information regarding the procedures required**

**Who will change the child or carry out the toileting/personal care tasks**

**Where will the care tasks be carried out**

**What resources/equipment will be used?**

**How the nappy/pad or other medical aids will be disposed of.**

**What infection control measures are in place?**

**What action will be taken if the child becomes distressed, or concerns arise?**

**Agreement by parents to provide spare nappies, cleaning wipes, underwear or clothing**

**Toileting plan**

**Date written:** \_\_\_\_\_ **Parent Signature:** \_\_\_\_\_

To be reviewed with Support Plan